



**Tricuro**  
*Cares*



# Tricuro: plans for 2024 - 2029

# Introduction



Tricuro helps people to be healthy and independent, living in their local communities.

The people we support include:



- physically disabled people

- people with dementia

- autistic people



- people with learning disabilities

- people recovering from illness or injury



**Our services are in Bournemouth, Christchurch and Poole.**

# Our services

4 examples of how we help people:



## Care at home

We support people with things like dressing and cooking. We also help people to go home after a hospital stay.



## Day services

People can choose activities and get support to find work.



## Residential homes

We run 5 homes in Bournemouth and Christchurch.



## Digital technology

We use technology to help people to be safer and more independent.

# Our values



## Being person-centred

Compassion and kindness is at the heart of everything we do.



## Respect

We all respect each other.



## Fairness

We treat people fairly. We are reliable.



## Equality

We include everyone equally.



## Integrity

We are open and honest. We always give people the best support possible.

# Challenges



**A challenge is something that could make things difficult for us.**

Some examples of challenges:



- more people need care and support in their own homes



- it is hard to find and keep good staff



- we need enough money to run excellent services for years to come



- we have to stay up-to-date with digital technology

# Plans: year 1

**By the end of the first year of this plan:**



- the people we support will be more independent, doing things they want to do



- people will get help more quickly, because we will improve assessments and referrals



- staff will get more training and support



- the people we support will feel more included in local communities

# Plans: year 1



## Reablement

People will get help more quickly, from therapists and other experts.



## Day opportunities

People will get help with lots of different things, all in one place. This will be called a **community hub**.



## Going home from hospital

There will be more beds for people who are leaving hospital, but who are not ready to go home.

There will be more help from occupational therapists: they help people to live independently at home.

# Plans: year 1



**Residential homes and health care**  
There will be more support for people who need specialist care from health professionals.



**Quality**  
We will make sure that all our services are as good as they can be.



**Digital technology**  
We will find new ways to support people using technology. This will be a big part of how we support people in the future.



# Plans: 2-5 years



## Care homes

There will be more nursing and other types of health care in our care homes.



## Reablement

We will work closely with Dorset Healthcare: nurses, therapists and other health experts.



## Catering

We will provide more meals for the people we support. People will also be able to get work experience in our kitchens.



## Staff

Our staff will get more training, so they can support people in new and better ways.

# Plans: 2-5 years



## Growth

Tricuro will be able to support more people.



## Working with the NHS

Health and social care services will work together, so people get the help they need, when they need it most.



## Digital inclusion

Technology helps people get help and be independent. If people cannot use technology, they could miss out. We want to prevent this.



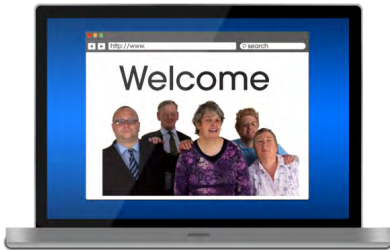
## Money

We must find ways to save money, as well as giving people the best possible care.

# Contact us



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