



YOUR MONTHLY  
NEWSLETTER  
- SEPTEMBER 2024 -

September

[www.tricuro.co.uk](http://www.tricuro.co.uk)

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As you all know, and some of you will be feeling personally, Tricuro is going through a huge amount of change this year. Due to the challenging budgetary savings we are facing, there is the potential for us to part ways with a number of dedicated, caring employees across the organisation. This brings a huge sense of loss. If we work as hard as we normally do, we can and will turn this into something positive next year. We'll do that by sticking together as we confront the challenges, continuing to find a path in tandem with each other, finding creative solutions and producing the best care we can for those people we support. We have been moved by how many times we have heard you express more concern for our service users and their carers than for yourselves in these difficult times. This just reinforces our strongly held view that we are so fortunate to have such wonderful caring and compassionate staff in Tricuro.

In this past month, we also had the devastating news of the passing of our much-loved Chairman, Charlie Sheldrick. Charlie was well known locally for his lifetime dedication and passion for vulnerable people and Adult Social Care generally across Bournemouth and Poole. Charlie's partner and children did him proud at his send off earlier in September when the packed to capacity (with standing room only) funeral was a testimony to the love, respect and popularity Charlie enjoyed. We think we speak for all those who knew him when we say we will miss Charlie's infectious personality, smile, and tall tales, especially his 'sailing' stories, and in particular his passion and determination to ensure the highest possible quality experience for those using care services.

As ever, it is a joy reading some extracts from around the organisation, these always bring a smile to our faces.

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**Best wishes**  
**Tricuro Board**



**DEREK LAW**  
**INTERIM MANAGING**  
**DIRECTOR**



**RICHARD WARREN**  
**CORPORATE DIRECTOR**



**ANIL PATIL**  
**ACTING INDEPENDENT**  
**CHAIR**



**JACQUELINE COTGROVE**  
**NON EXECUTIVE DIRECTOR**



**VANESSA READ**  
**NON EXECUTIVE DIRECTOR**

TRICURO CARES - SEPTEMBER EDITION  
**Learning and Development**

**Face to Face Training – follow the links below to book face to face training**

**Below are the links to courses arranged for October**

**Training Booking Sheets**

**Trainings for October 2024 - 10. October 2024**

**1.Falls Champion training - Falls Champion Training Oct 24.xlsx**

**2.Dementia training - Dementia - DEALTS2 - Oct 2024.xlsx**

**3.Moving and Assisting - M&A Oct 2024.xlsx**

**4.Safe administering of medication - Medication Administration Oct 24.xlsx**

**5.Safeguarding - All staff should attend face to face safeguarding training every two years - Safeguarding Oct 2024.xlsx**

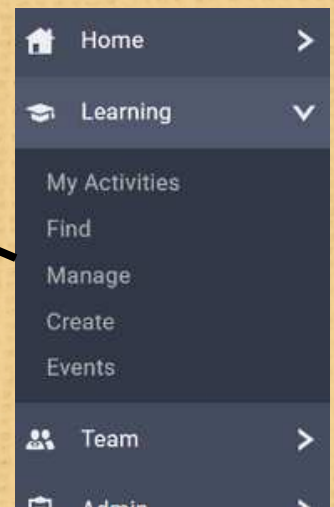
**6.Safeguarding for Manager - Safeguarding for Managers Oct 2024.xlsx**

# TRICURO CARES - SEPTEMBER EDITION

## Learning and Development

**Online training - Access - <https://go.accesscloud.com/o/tricuro>**

- All staff have allocated, job role specific, Access training to complete.
- Access offers a whole range of training, you can undertake additional training if you wish, just go to the learning drop down menu and click on Find to search any training.



**If you have any training queries or need support please email [tricurotraining@tricuro.org](mailto:tricurotraining@tricuro.org)**

# Activities

Paint, sip, and relax.



A dash of fun, a sprinkle of teamwork, a perfect cooking session.



Grab the mic and let your inner rockstar shine .



## COAST Achievements

Kevin has been volunteering with Prama Care for 5 years which is an amazing achievement and a great commitment from Kevin. Kevin was supported by COAST to gain his voluntary placement and has had support over the years to navigate changes in manager and in the hours that he works. Kevin enjoys his work at Prama and it gives him structure to his week. Kevin is now working at Prama independently from COAST and we wish him luck in the future although we will still be here if Kevin requires any support in his role. Well done Kevin!



Joe and Rebecca have both been offered a job trial with People First Forum following successful interviews which were supported by COAST. Joe and Rebecca have both been able to attend two days of training on learning disabilities and autism which was provided by People First Forum. Joe and Rebecca will both have the opportunity to do a trial run at being a trainer and they will then find out if they have been successful in gaining the role as a Specialist Trainer.



## COAST

The Community Police Team were able to hold another session at the PURC which some of our clients were able to attend and learn about keeping themselves safe whilst in the community and online.



## Alexandra Park

Coast continue to work in partnership with The Parks Foundation each week during the newest project that COAST have to offer. The project has got off to a really positive start with some of our new clients joining ready to gain transferable skills for their journey into work. Here the team are helping as part of The Green Heart Park Project aimed at improving the variety of species in parks across the BCP area. Here we are creating a natural footpath through the woodland area of Sherbourne Crescent on Canford Heath. Skills and learning from this partnership include identifying the flora and fauna that inhabit the area and ways to encourage and increase their presence, plus safe hand-tool use, team working and positive wellbeing.

"A huge thankyou to COAST and the volunteers - who are clearly skilled and knowledgeable - we now have scope to progress faster at Alexandra Park and Sherborne Cres woodlands due to their input- Thankyou!" Tanya, Parks Activator





## Highcliffe Plus

Fun in the garden on a sunny September morning at Highcliffe Plus with George and Roy



## Avon View

one of our lovely new residents watering the sunflowers in our garden.



health assured

# Employee Assistance Programme

A 24 hour helpline from Health Assured to support you through any of life's issues or problems

Free 24 hour confidential helpline:

**0800 028 0199**



Family issues



Financial wellbeing



Legal information



Medical information



Relationship advice



Tenancy & housing concerns



Alcohol & drug issues



Childcare support



Stress & anxiety



Bereavement



Counselling



Consumer issues

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